

Caring for Our Community

To help prevent the spread of COVID-19, we strongly encourage the following preventative measures that will help to ensure the safety of all in our community. We will continue to monitor advice from health authorities and provide further updates at the CAM website: www.cam.org.au/coronavirus.

IF YOU FEEL UNWELL

People with flu-like symptoms are advised to stay home. We encourage parishioners to consider ways that we can support and encourage people who are self-isolating by phone, email or text.

RITE OF PEACE

When exchanging the Sign of Peace, please avoid shaking hands but instead say "Peace be with you" and offer a smile, wave, nod or bow.

HOLY COMMUNION

All parishes have been asked to cease distributing Holy Communion from the Chalice until further notice. The faithful are reminded that Christ is fully present under either species. All Ministers of Communion should take particular care to wash their hands before and after distribution.

HOLY WATER

Holy Water should be temporarily removed from stoups at the doors of churches to reduce the possibility of transmission of the virus. Holy Water should continue to be available people to take home.

SOCIAL DISTANCING

If there's space, spread out! You must maintain 1.5metres - 2metres distance from one another to reduce the risk of airborne infection.

ATTENDEE LIMIT AND CONTACT TRACING

In accordance with government restrictions there are no more than **20** people allowed in the Church to attend a pre-arranged service, and provide your contact details for contact tracing should it be required.

PRAYING FOR ONE ANOTHER

Please pray for those who are suffering from the virus and those whose work and livelihood has been impacted. Please pray for the repose of the souls of those who have died and that those who are working to find cures and remedies for this virus "may have success given to the work of their hands." (cf Psalm 89).

HELPFUL LINKS

For further pastoral guidance: www.cam.org.au/coronavirus

For the latest health advice re COVID-19 please visit: www.dhhs.vic.gov.au



CATHOLIC ARCHDIOCESE
OF MELBOURNE